



# Faust Holiday Programme

## Holiday Theatre

### Sample Week Overview

*The following is an example outline of a week of Faust's Holiday Theatre for ages 4 to 5. Content varies depending on the group and the leader. Each week children will study a new topic. Specific content is shared with parents through an emailed mid-week workshop report and an end of week open session.*

Over the course of the week students will be introduced to theatre and drama using a children's story as a stimulus. In the drama studio children will create a variety of environments from the story such as the jungle and the North Pole and go on expeditions accompanied by music where they will play the parts of both explorers and the animals that live there. They will be encouraged to work together to develop ideas with a focus on developing communication and group work. The week will end with an open session sharing what they have learnt with friends and family.

By the end of the week learners will have:

-  Developed confidence in communication
-  Developed imaginative thinking
-  Physically and vocally portrayed a variety of animals
-  Developed their teamwork skills
-  Become aware of emotional responses to music and learned to respond physically
-  Rehearsed and performed short simple scenes for an audience

Monday	<p><b>Welcome to the Jungle!</b></p> <p>On the first day we will get to know each other through a variety of name and team-building games. This is important to ensure everyone feels comfortable. After we read the chosen story, we will move into our first environment: The Jungle! We pack our expedition bags, get our binoculars out and then walk together to explore the jungle. We will come across cheeky little monkeys, beautiful butterflies and hungry crocodiles! As the explorers meet animals, we will have to solve problems along the way in order to produce our first piece of theatre! The workshop will finish with a cool down game and circle time where we talk about what they'll do at tomorrow's workshop.</p>
Tuesday	<p><b>Beware of the Polar Bear</b></p> <p>Today, as everyday, will begin with a warm-up to get the imagination flowing, bodies warmed up and encourage group work. After remembering the environments from the story it is now time to get to know the characters from a new land - The North Pole! Today we will focus on characterisation and expression. There are lots of very interesting animals that live in the North Pole, some are a little scary and some are cute and friendly! This workshop will</p>

	<p>be spent experimenting with emotions and creating movement to music. By the end of the session we will have created an expressive movement piece that will show how to use our body and face to make ourselves look scared, angry and even a little brave. After our character exploration we will cool down with a game and recap what we have looked at today and what we have to look forward to tomorrow.</p>
Wednesday	<p><b>Living with Dinosaurs</b></p> <p>After a warm-up to get our imagination going we will prepare to go on a journey to where the wild things are. Imagination is key today as we will use it to go back in time and explore the ancient world of dinosaurs! We will go on a guided journey of a day in the life of a dinosaur. After our journey has finished it is time to create our very own land of dinosaurs. We will discuss what we saw on our journey and then in groups share our own ideas about how to create a land of dinosaurs using material, a few set pieces and props. After we have finished our creation it is time to explore each other's spaces. Where do the dinosaurs eat, sleep and hunt? Finally after each space has been explored we will discuss how to perform in this space, introducing the concept of a stage or set, followed by a cool down game.</p>
Thursday	<p><b>Getting Ready for a Performance</b></p> <p>Today we are going to be getting into character so we will first do a few warm-up games to get us focused and energised. As the open session is tomorrow we need to prepare and rehearse, so it is important to recap what is to be done in each of our environments! As a group we will then journey through our three sets remembering everything that we have learned. After our first run through we will talk about our open session and decide what we should wear for our costume!</p>
Friday	<p><b>Show Time!</b></p> <p>In our final workshop we will rehearse and prepare for our open session before we welcome our friends and family. We will run through our presentation one more time! It will then be time to get our stage and costumes ready before our audience arrives! This will also be a time to reflect on what we have learnt and recap the week.</p>

Please note that the above is a sample outline only. This represents the types of activities that children of this age may do. Programme content will depend on the group and the leader and will not necessarily follow this plan exactly.

If you have any questions, please do not hesitate to contact us by phone on 2547 9114 or by email at [Info@Faustworld.com](mailto:Info@Faustworld.com)